



BLS-AED-SRC COMPLETE COURSE (CERTIFIED COURSE)

Objective

The course trains your employees in the skills they need to react quickly, decisively and competently in the event of a medical emergency.

Target group

The course is designed for beginners as well as people who already have some medical training

Contents

- Examination of one's own motivation to help
- Knowledge of the European emergency telephone numbers to trigger the chain of survival
- Survival chain, raising the alarm and own safety when providing first aid
- Legal aspects
- Understanding different emergency situations
- Recognising the symptoms of stroke and heart attack and providing first aid
- Recognising unconsciousness and positioning the unconscious person correctly

- Practical training: initial assessment, resuscitation according to SRC guidelines for adults, children and babies, use of an automated external defibrillator (AED)
- Case scenarios with increasing complexity

Procedure

After a theoretical introduction to the topic, first aid measures are trained in practice.

Various medical emergency situations at the workplace and in the professional environment are simulated. Situations with one as well as with two first-aiders are practised. By constantly imparting background knowledge, we promote better understanding and train the transfer into practice in target group-specific exercises.

The BLS-AED-SRC complete course can be held for private and business persons in German or English in our training rooms or in your company. The course content can be individually adapted to your workplace and your everyday needs.

KONTAKT

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