



BLS-AED-SRC COMPLETE COURSE REFRESHER (CERTIFIED COURSE)

Goal

In this course, your employees will learn how to help quickly, decisively and competently in medical emergency situations.

Existing knowledge is consolidated and trained.

Target group

The course is designed for laypersons and persons with previous medical training.

A previously attended BLS-AED SRC complete course is a prerequisite for the refresher course.

Contents

- Examination of one's own motivation to render assistance
- Knowledge of the European emergency telephone numbers for triggering the chain of survival
- Survival chain, alerting and own safety when providing first aid
- Legal aspects
- Understanding different emergency situations
- Recognising stroke and heart attack symptoms and providing first aid
- Recognising unconsciousness and positioning the unconscious person correctly

- Practical training: initial assessment, resuscitation according to SRC guidelines for adults, children and babies, use of an automated external defibrillator (AED)
- Case scenarios with increasing complexity

Procedure

After a short theoretical introduction to the topic, first aid measures are trained in practice.

Various medical emergency situations at the workplace and in the professional environment are simulated. Situations with one as well as with two first-aiders are practised. By constantly imparting background knowledge, we promote better understanding and train the transfer into practice in target group-specific exercises.

The BLS-AED-SRC complete course Refresher can be held for private and business persons in German or English in our training rooms or in your company. The course content can be individually adapted to your workplace and your everyday needs.

KONTAKT

Patricia Klaus
Head of Medical Training
Lufthansa Aviation Training Switzerland AG
Cherstrasse 1, 8152 Opfikon, Schweiz
ops_management_xs@lat.dlh.de
lufthansa-aviaton-training.com